



POPE FRANCIS PREP SCHOOL CARDINALS

2023-2024 Varsity Girls Cross-Country

Head Coach: Dave Estabrook

Name	Gr.	Ht.
Marin Breshnahan	Sr.	
Charlotte Brooks	Jr.	
Emma Caproni	Jr.	
Isabella Clarkson-Perez	So.	
Sophia Dietschler	Jr.	
Thea Distefano	Jr.	
Madison Dunaj	So.	
Nora Flaherty	Jr.	
Kaitlyn Griffin	Jr.	
Ysabella Hernandez	Jr.	
Katherine Ladew	So.	
Sofia Lichwan	Jr.	
Riley Longo	So.	
Megan McCracken	Fr.	
Brooke Nadle	So.	
Ella Negron	So.	
Kaitlyn Ondrick	Sr.	
Tara Reiser	Fr.	
Brianna Sayegh	So.	
Zoe Shepard	Jr.	
Avery Spencer	Fr.	
Therese Testa	So.	
Alicia Yoingco	Fr.	
Atiya Zakrzewski	So.	