



FRONTIER REGIONAL SCHOOL RED HAWKS

2022-2023 Varsity Girls Cross-Country

Head Coach: Bob Smith (44th year)

Assistant coaches: Walt Flynn (29th year)

| Name | Gr. | Ht. |
|---------------------|-----|-----|
| Mary Burt | So. | |
| Gage Calhoun | Fr. | |
| Sylvie DiBartolomeo | So. | |
| Angelina England | Sr. | |
| Isabella Graves | So. | |
| Leah Gump | Jr. | |
| Renee Hait | Sr. | |
| Onawa Hayes-Tryon | So. | |
| Iris Hill | Jr. | |
| Abigail Howard | Sr. | |
| Carolena Johnson | Sr. | |
| Sasha Malo | So. | |
| Micky McCarthy | Jr. | |
| Fiona McFarland | Sr. | |
| Una Millette | Jr. | |
| Perla Ordaz | So. | |
| Bianca Peura | Sr. | |
| Nicole Plasse | Jr. | |