



# LUDLOW HIGH SCHOOL LIONS

## 2023-2024 Varsity Boys Cross-Country

Head Coach: Rebecca Gauvin

Name	Gr.	Ht.	Wt.
Liam De Gobbi	Fr.		0
Jack Demperio	So.		
Joe Dong	So.		
Lucas Franco	Jr.		
Marcus Goncalves	Fr.		
Bobby Gregory			
Joseph Keroack	Jr.		
Jean-Gabriel Lima	So.		0
Eli Lipson	Jr.		
Mason Little	So.		0
Kyle Martin	Sr.		
Jackson Mateus	So.		
Ryan Mateus	So.		
Benjamin Silveira	Sr.		
Triston Silveira	Sr.		
Nathan St. Cyr	Jr.		
Colin St. Germain	Fr.		0
Tyler Tatro	Fr.		0
Jake Vermette	So.		
Logan Walsh	Jr.		
David Wilson	Fr.		0