



LUDLOW HIGH SCHOOL LIONS

2023-2024 Varsity Boys Cross-Country

Head Coach: Rebecca Gauvin

Name	Gr.	Ht.	Wt.
Liam De Gobbi	Fr.		
Jack Demperio	So.		
Joe Dong	So.		
Lucas Franco	Jr.		
Marcus Goncalves	Fr.		
Bobby Gregory			
Joseph Keroack	Jr.		
Jean-Gabriel Lima	So.		0
Eli Lipson	Jr.		
Mason Little	So.		
Kyle Martin	Sr.		
Jackson Mateus	So.		
Ryan Mateus	So.		
Benjamin Silveira	Sr.		
Triston Silveira	Sr.		
Nathan St. Cyr	Jr.		
Colin St. Germain	Fr.		
Tyler Tatro	Fr.		
Jake Vermette	So.		
Logan Walsh	Jr.		
David Wilson	Fr.		