



LONGMEADOW HIGH SCHOOL LANCERS

2021-2022 Varsity Wrestling

Head Coach: Alex Efstratios

Name	Gr.	Pos.	Ht.	Wt.
Paul Barrett	Jr.			0
Jack Beliveau	Jr.			0
Sam Calvanese	'27			0
Samson Cianfaglione	Jr.			0
Ben Cournoyer	So.			
William Cournoyer	Sr.			0
Jackson Dalessio	'27			144
Ari Eisgrau	Fr.			138
Will Estevez				0
Joe Fallon	Jr.			
Michael Freda	Sr.			0
Dylan Haber	'27			0
Rowan Haber	Fr.			
Jack Koffinke	Fr.			
Emmett Morin	Sr.			
Ryan Nero	Fr.			132
Timothy Pacella	Jr.			0
Alex Thomas	Jr.			0
Malcolm Weissman	Fr.			