



# LONGMEADOW HIGH SCHOOL LANCERS

## 2023-2024 Varsity Girls Outdoor Track

Head Coach: Tanner Williams

Name	Gr.	Ht.
Adele Accelus	Jr.	
Emily Achatz	Sr.	
Cecilia Allentuck	Sr.	
Katelyn Alvord	Jr.	
Adel Amaniampong	'28	
Aisha Anees	Fr.	
Giselle Anoje	Fr.	
Anna Antonopoulos	Jr.	
Madeline Auclair	So.	
Angelina Bachelor	Sr.	
Meghan Baker	Sr.	
Alexandra (Sasha) Barrett	Sr.	
Lauren Blanchette	Jr.	
Mia Bombard	Sr.	
Addy Bombardier	So.	
Martha Brannstrom	Sr.	
Ava Bussolari	So.	
Katherine Carnahan	So.	
Tarin Cass	So.	
Grace Cherichetti	Sr.	
Lucy Connell	Jr.	
Elizabeth Cowley	Sr.	
Parker Cullen	Fr.	
Zoe Desmarais	Sr.	
Lacey Diana	Fr.	
Maye Dromej	Sr.	
Dina Facente	Jr.	
Isabella Frick	Sr.	
Juliana Gadelhak	Fr.	
Siobhan Gallagher	Jr.	
Marin Gebhardt	Jr.	
Cheyenne Geiger	Jr.	
Reese Gibson	Sr.	
Ada Grant	Sr.	
Reese Haag	Sr.	
Sabrina Hajati	So.	
Ella Halpern	Sr.	
Lily Henry	Jr.	
Sophie Holstead	Fr.	
Ana Hutchinson	Sr.	
Kirsten Hwang	Fr.	
Samantha Ikonomidis	So.	
Shreya Jha	So.	
Imogen Jones	So.	
Emma Kasperowski	Jr.	
Constantina Kavrakis	Jr.	
Bianca Kingston	So.	
Alexandra LaFleur	Sr.	
Lea Langieri	So.	

Name	Gr.	Ht.
Anniela Lukasik	So.	
Gabriella Mancini	Sr.	
Sonia Manoussoff	So.	
Nora McDonald		
Noelle Merchant	Sr.	
Greta Millet	Jr.	
Laura Minardi	Fr.	
Jamella Miner Williams	Jr.	
Isabella Mitreska	Sr.	
Gabrielle Mokwuah	So.	
Mia Myers	So.	
Natalie Nicaretta	Jr.	
Stefanie Nikolov	So.	
Tessa Nowak	Fr.	
Ava Nuzzo	So.	
Kate O'Toole	Jr.	
Paige Orr	Sr.	
Sophia Pacella	So.	
Alexa Papdopoulos	So.	
Ainsley Passonno	Jr.	
Mackenzie Pericolosi	So.	
Kendall Reed	Jr.	
Caitlin Reilly	Sr.	
Grace Reilly	Sr.	
Harper Ringbloom	So.	
Arianna Sanchez	So.	
Mannat Sandhu	Jr.	
Mia Santiago	Sr.	
Nora Savaria	Fr.	
Elizabeth Schwartz	Jr.	
Nora Seeley	Sr.	
Brinn Shea	Fr.	
Danica Shea	So.	
Siena Shields	So.	
Kylie Sokolov	Sr.	
Claire Taylor	So.	
Nora Therrien	So.	
Angelina Tieu	So.	
Mallory Tonsing	Sr.	
Tess Tonsing	So.	
Gabrielle Walbridge	Sr.	
Christina Weeks	Fr.	
Claudia Weissman	Fr.	
Vivian Welch	Jr.	
Alyssa Weldon	Jr.	
Parker Westcott	Jr.	
Alana Zak	So.	
Amanda Zamirowski	Jr.	

