



LONGMEADOW HIGH SCHOOL LANCERS

2023-2024 Varsity Boys Indoor Track

Head Coach: John Pantuosco

Name	Gr.	Ht.	Wt.
Jurgen Bouvier	Sr.		
Sam Calvanese	Fr.		0
Christopher Cardaropoli	Sr.		0
Cameron Castner	Fr.		0
Myles Chapman	Jr.		
Jaelin Chittaphong	So.		0
Mason Choiniere Barr	Sr.		0
Nicholas Christoforakis	Jr.		
Brendan Connolly	So.		
Alexander Coulouras	Jr.		
Spence Deliso	Jr.		
Nathan DiBlasio	So.		0
William Dietz	Jr.		0
Lucas Doben	Jr.		
Luke Dunnirvine	Fr.		0
Brennan Harre	So.		0
Austin Healy	Sr.		
Grahm Hutton	So.		
Makana Kaio	Fr.		0
Sailesh Kamalahasan	Sr.		
Ryan Katsafanas	Fr.		
Gregory Keane	Jr.		
Jack LeDuc-Casagrande	Fr.		0
Matthew McCullough	Fr.		0
Andrew Medeiros	Jr.		
Peter Mengwasser	So.		0
Henry Mirhej	Jr.		0
Sage Moore	Fr.		0
Shane O'Connor	So.		
Christian Ortiz	Sr.		0
Jordan Ratner	So.		0
Andrew Richards	Jr.		0
Henry Sacco	Jr.		
Myles Scott	Jr.		
Godwin Seftalsia	Sr.		0
Will Tyler	Fr.		0
Frank VanValkenburg	So.		0
Evan Wright	So.		