



LONGMEADOW HIGH SCHOOL LANCERS

2022-2023 Varsity Boys Cross-Country

Head Coach: James Flaherty

Name	Gr.	Ht.	Wt.
Lucas Biasetti	Fr.		
Chris Bouvier	So.		
Kyle Ceccotti	Sr.		
Nicholas Christoforakis	So.		
Bran de Gruyl-Burns	Fr.		
Spence Deliso	So.		
Jed Desarro	Jr.		
Lucas Doben	So.		
Lev Edelson	Fr.		0
Rowan Haber	So.		
Ethan Halpern	Fr.		
Graham Howard	Fr.		
Gregory Keane	So.		
Hillel Kofsky	Sr.		0
Evan Lyons	Sr.		
Andrew Medeiros	So.		
Drew Monson	Fr.		
Nick Morgan	Fr.		0
Josiah Moseley	Fr.		
J.B. Nelson	Fr.		0
Gabe Nicasio	Jr.		
Griffin Orr	Jr.		
Emmett Reppucci	So.		
Nason Riley	So.		126
Coleman Robert	So.		175
Henry Sacco	So.		
Myles Scott	So.		
Holden Trent	Fr.		0

Malcolm Weissman

So.

Felix Zhou

Fr.