



LONGMEADOW HIGH SCHOOL LANCERS

2021-2022 Varsity Boys Cross-Country

Head Coach: James Flaherty

Name	Gr.	Ht.	Wt.
Zimraan Ahmad	Sr.		
John Antonopoulos	Jr.		
Jonah Barresi	Sr.		
Aiden Cass	Sr.		
Kyle Ceccotti	Jr.		
Nicholas Christoforakis	Fr.		
Will Cowley	Sr.		
Jed Desarro	So.		
Lucas Doben	Fr.		
Zachary Elfman	Sr.		
Edgar Gebhardt	Sr.		
Rowan Haber	Fr.		
Gregory Keane	Fr.		
Josh Kilcoyne	Fr.		0
Evan Lyons	Jr.		
Will Mathews	Jr.		
Andrew Medeiros	Fr.		
Emmett Morin	Sr.		
Gabe Nicasio	So.		
Griffin Orr	So.		
Peter Preston	Sr.		
Coleman Robert	Fr.		175
Henry Sacco	Fr.		
Myles Scott	Fr.		
Jack Wright	Jr.		