



EAST LONGMEADOW HIGH SCHOOL SPARTANS

2021-2022 Varsity Boys Cross-Country

Head Coach: Brendan Abad

| Name | Gr. | Ht. | Wt. |
|-------------------|-----|-----|-----|
| Mitchell Aarons | Sr. | | |
| John Burns | Fr. | | 0 |
| Ben Cangemi | Jr. | | |
| Nick Cassidy | Sr. | | |
| Ryan Clay | Jr. | | |
| Alec Dimitroglou | Sr. | | |
| Joe Ferrero | Jr. | | |
| Kyle Gauthier | Jr. | | 0 |
| Malin Gitau | So. | | 0 |
| James Hamilton | Fr. | | 0 |
| Josh Kirchner | Jr. | | |
| Connor Knee | So. | | 0 |
| Jack Langan | So. | | |
| Colby Law | Jr. | | |
| Andrew Lonczak | Fr. | | 0 |
| Ben Martin | Jr. | | |
| Gabe Martin | Fr. | | 0 |
| James Roumeliotis | Sr. | | |
| Johnny Rucci | So. | | 0 |
| Andrew Violette | Jr. | | |
| Jack Williamson | So. | | |
| Sam Wychowski | Fr. | | 0 |