



# AMHERST-PELHAM REG HIGH SCHOOL HURRICANES

## 2022-2023 Varsity Boys Cross-Country

Head Coach: Chris Gould

Name	Gr.	Ht.	Wt.
Aidan Bergeron	Sr.		
Alex Cain	Jr.		
Holden Castenson	Fr.		
Henry Doyle	So.		
Alex Franz	So.		
Ezrah Ginsberg	Fr.		
Finn Hannigan	Fr.		
Soren Heim	Jr.		
Zack Heim	Fr.		
Joey Hood	Jr.		
Ryan Karr	So.		0
Elias Katsaros	Fr.		
Alex Lagrant	So.		0
Steven Lambert-Mergendahl	Sr.		
Drew Leutz	Jr.		
Nico Lisle	Fr.		
Diego Lopez	Sr.		
Tai Ly	So.		
Yoh Morita	So.		
Joe Moschella	Fr.		0
Rocco Moschella	Jr.		
David Pinero-Jacome	Jr.		
Miguel Pinero-Jacome	Jr.		
Owen Platt	Fr.		
Alden Pope	So.		
Myles Redington	So.		
Henry Rennard	Jr.		0
Niko Ringkauf	Jr.		0
Gabriel Samalot	Fr.		
Tarakeyn Schultz	Jr.		
Quinn Strehorn	So.		
Ian Waite	Sr.		
Spencer Waite	Jr.		
Sam Woodruff	Fr.		
Sam Woods	So.		0
Kyle Yanko	Jr.		